



## Confused Christianity Series

### Part 6:

### “They are Confused about the Sabbath Day”

How so?

Religious tradition teaches that Yahshua (Jesus) is Lord of the Sabbath so had the authority to change the day of rest from the 7th-day of the week to the 1st-day. Why? ...to remember his resurrection on that day. But as I was digging into the Word on my own, I grew increasingly uncomfortable with that stance for the following reasons:

- **Exodus 31:13** says that keeping the Sabbath Day is the sign of keeping the Covenant. Where does the Word (Torah), tell us that observing the Sabbath Day is no longer a sign of the Covenant? Along with all of the Word, it is to be written on our hearts & in our minds in the New/Renewed Covenant by His Spirit. Why? ...so that we would know what our Creator (Y'hovah), wanted us to do, and we would want to do it.
- **Exodus 31:16-17** We are to keep the Sabbath perpetually throughout all generations.
- **Exodus 20 & Deuteronomy 5** both list keeping the Sabbath Day as the fourth commandment. If this was discarded, what other commandments can we also ignore?
- Changing the day of the week to shift from the Creation Week pattern is such a major switch for a God who changes not, there should be a major teaching on this in the Bible. But nowhere does it clearly say that we are now to set Sun-Day (the first day of the week) apart as the day to rest.
- Yahshua didn't rise on the first day of the week anyway. Scripture says that he would be in the belly of the earth “3-days & 3-nights,” which in Hebrew specifies three complete Biblical days, or 72-hours. He died in late afternoon before sunset, so he would rise just before the sunset that begins the first (Biblical) day of the week, (the morning of which they found the tomb to be empty. He must have therefore risen at the end of the Sabbath Day (our Saturday), just before sunset.

- Scripture exhorts us to continually keep the Sabbath Day (7th-day of the week), as set-apart to cease from our works & to rest, spending quality time relaxing with our Creator, (and family since we are to set the example for children).

- Yahshua & the Apostles (including Paul), kept the Sabbath long after Pentecost. Did they not get the Sun-Day memo? And Yahovah, our Creator was the first to keep the Sabbath as an emphatic baseline of what man was to do throughout his generations in order to grow in a loving relationship with their Creator. The pattern of the Sabbath week has been continuous since then, and every nation today also has a synchronized 7-day week pattern.

- Mark 2:27-28 tells us that the Sabbath was made for man.

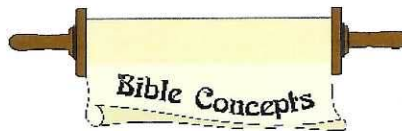
- The Catholic Church bragged about their *mark* of authority over the Word (Torah), because they had changed keeping Sabbath to keeping Sun-Day, (Catholic Digest Record, September 1, 1923). They had changed the times, something we were warned not to do.

- “The Lord’s Day” is a mistranslation. Hebrew source scripture says “The Day of Y’hovah.”

So I searched the verses used to try to support switching to Sun-Day, and in all cases found them to be misleading or incorrect translations, such as “The Lord’s Day” which is “The Day of Y’hovah.”

Yes, we keep Sabbath & love it!

*Eric lives with his wife, Mary Elizabeth (his editor), in Easton. He is an independent Bible researcher, semi-retired engineer, and author, with previous careers in teaching & carpentry. Their website, [www.bibleconcepts.com](http://www.bibleconcepts.com), has their writings available as free pdfs to be distributed without sale or profit. There you can find their in-depth Lesson 16 on the Sabbath. Additionally, they have Study 17 on how keeping Sabbath changed their lives under “Other Writings,” then “Studies.”*

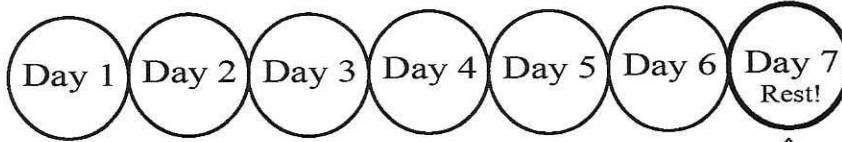


Revealing the Big Picture

### Snapshot Bible Concept: "The Sabbath Day"

Christianity is misled, thinking the 4th-commandment changed or is obsolete. Why? Religious tradition took priority over what the Bible actually says. Nowhere does it say that it was changed to Sun-Day, (the day of sun-god worship). Instead, keeping Sabbath is a sign of the Covenant (Ex 31:13), to be observed perpetually through all generations!

#### The Sabbath in the Creation Week



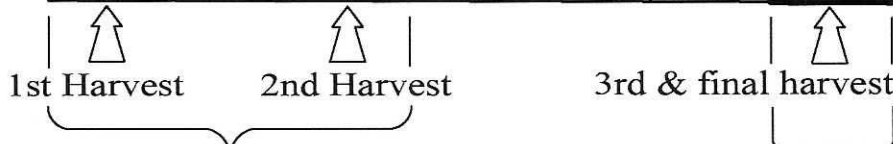
The Goal/Completion of Creation

#### The Sabbath Week

1st Day of the Sabbath Week	2nd Day of the Sabbath Week	3rd Day of the Sabbath Week	4th Day of the Sabbath Week	5th Day of the Sabbath Week	6th Day of the Sabbath Week	7th Day, Sabbath! Rest!
-----------------------------	-----------------------------	-----------------------------	-----------------------------	-----------------------------	-----------------------------	-------------------------

#### The Sabbath Months

1st Month of the Sabbath	2nd Month of the Sabbath	3rd Month of the Sabbath	4th Month of the Sabbath	5th Month of the Sabbath	6th Month of the Sabbath	7th Month of the Sabbath Rest!
--------------------------	--------------------------	--------------------------	--------------------------	--------------------------	--------------------------	--------------------------------



The Spring (early) rains  
The 1st Work of Messiah  
(as the Head) His Word & Spirit

The Fall (later) rains  
The 2nd Work of Messiah  
(the Body) as His Life

A firstfruit harvest Passover  
A bigger firstfruit harvest Shavuot/Pentecost/Weeks

Trumpets/Atonement/Succoth  
The (last) Great Day

#### The Sabbath Millennials (2Peter 3:8)

1st Millennial of the Sabbath	2nd Millennial of the Sabbath	3rd Millennial of the Sabbath	4th Millennial of the Sabbath	5th Millennial of the Sabbath	6th Millennial of the Sabbath	7th Millennial of the Sabbath
-------------------------------	-------------------------------	-------------------------------	-------------------------------	-------------------------------	-------------------------------	-------------------------------

6,000 Years of Labor under Satan

1,000 Years of Rest under Messiah

And there are many other Sabbaths patterns as well! Hebrews 4:9 tells us that it is therefore the duty of believers to keep the Sabbath (Knox translation & others, but misleading in the KJV & many others).

Eric & Mary Elizabeth Ellis  
www.bibleconcepts.com  
08-24-24